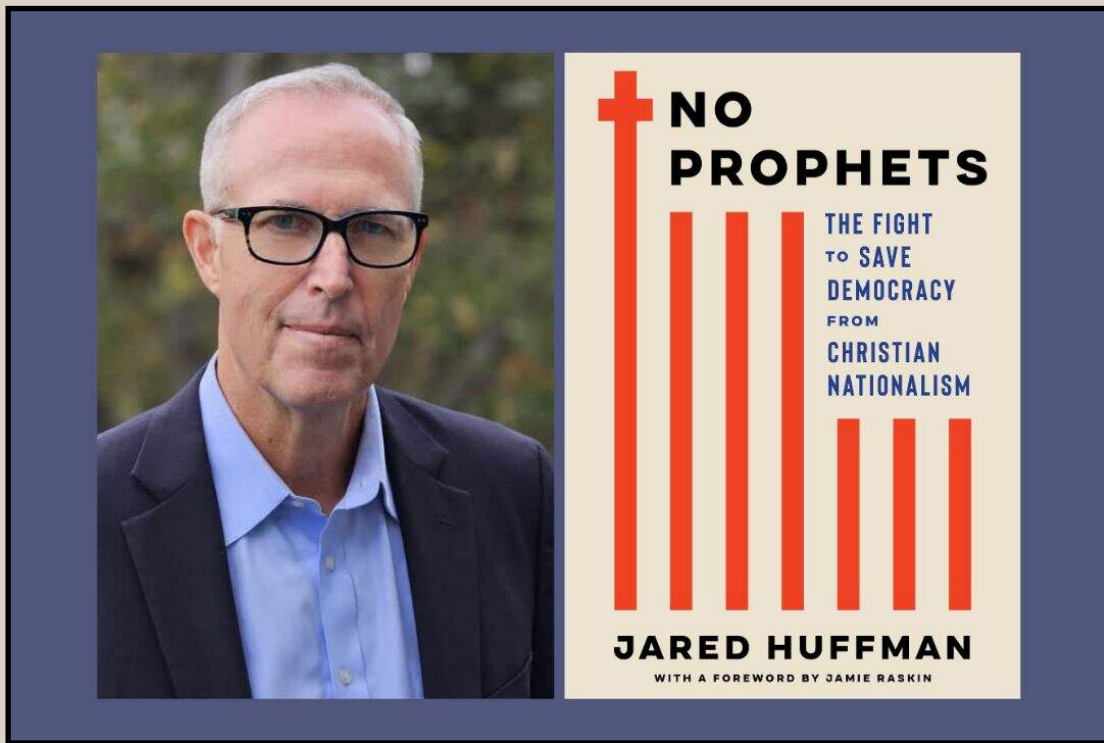


A Personal & Political Practice



"I've got a complicated relationship with religion. I grew up as a devout Christian, lost my religion in college, drifted for years, and eventually found clarity in Humanism—a moral framework that emphasizes human reason and agency. Humanism affirms our responsibility to lead meaningful, ethical lives based on compassion and rational inquiry without the inducement or fear of an afterlife. It is sometimes described as 'good without God.'

In 2017, I 'came out' as a Humanist, the only one to ever serve in Congress. In so doing, I also became the only member of Congress dumb enough to publicly admit I don't believe in God."