

# Highland

Continued from Page 1D

son to discover where they might have wandered off their personal trail of health and balance. A presence of deep listening is called for—serving as a “companion on the way.”

Of course, it matters who the guide is, and whether they can give enough space for a person to search for their own way in life. No one can merely hand their life map—if there is such a map—to another and say, “Here is the way, for you too.”

Honestly, I don’t think anyone can tell another person, “I am the way, and you must follow my path, my trail, my highway.” If one person, or one tradition could hand out a universal map for all people, I fear the kind of world that would create (maybe this is the greatest caution with religion). What a crowded trail!

Who wants a one-trail park? I don’t see why anyone would give up the adventure of exploration—of pioneering their own way.

We all need directions at times, and we can give them too. Even if we’re lost, we can find others who can reason through the options, check our heading and possibly explore trails with us on our journeys.

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